# **RESERVATIONS & SPA DETAILS**

For reservations, please contact us by phone or email: In-room: ext. 2220 | 904.432.2220 | aispa@omnihotels.com

Advance reservations are recommended and may be reserved with any major credit card. Please notify us of any medical conditions at time of booking. We kindly ask that you provide 24-hour notice should you need to cancel your reservation to avoid charges.

A 20% service charge is customarily added to each Spa service and shared amongst the Spa staff. However, this may be adjusted at your discretion.

The Spa meditation area, locker rooms and all services are reserved for guests ages 18 and over. All prices and services are subject to change.

# **GIFT CARDS**

Spa gift cards make an ideal year-round gift for any special occasion. These cards may be purchased for a specific dollar amount. Please visit OMNIHOTELS.COM/AMELIAISLAND to purchase.

# RETAIL BOUTIQUE

Continue your regimen at home. Spa & Salon products are available in our retail boutique. For mail orders, please call 904.432.2220 or e-mail us at aispa@omnihotels.com.

# **SPA & SALON HOURS**

Hours may vary seasonally and are subject to change without notice. Monday: 10 a.m.-5 p.m. | Tuesday-Sunday: 9 a.m.-5 p.m.





**AMELIA ISLAND** 

Revised 8.19.24



60 Amelia Village Circle | Amelia Island, FL 32034 | 904.432.2220 OMNIHOTELS.COM/AMELIAISLAND

License #MM35285

## SIGNATURE SERVICES

Ages 18 and older.

#### OUARTZ SAND TABLE MASSAGE 50 min \$190

The gentle and affecting warmth of this light touch customized massage provides physical and mental relaxation. This unique service is also beneficial for arthritis, fibromyalgia, joint or back pain and insomnia.

### CUSTOM MASSAGE 50 MIN \$170 | 100 MIN \$340

This customized massage enhances the relaxation of a Swedish massage with your choice of aromatherapy and/or hot stones. Whether you choose full body or specific areas of focus, this massage will improve your circulation, reduce muscle tension and improve flexibility.

#### YOUTH RENEWAL FACIAL 100 MIN \$350

Restore your youthful glow and combat the signs of aging. Saffron, sophora and peptides combine to restore your skin while targeting wrinkles and slackened skin. Expert application methods, exfoliation, stimulation massage techniques and a double dermo filling mask leave the skin feeling fresh, plump and youthful. The treatment ends with a hot oil application for the hands and feet

## MASSAGE TREATMENTS

Ages 18 and older.

### SWEDISH MASSAGE 50 MIN \$155 | 100 MIN \$310

Our most popular massage and one of our most enjoyable. This massage uses light to moderate pressure, while promoting relaxation, enhancing circulation, improving flexibility and relieving muscle pain & tension.

### AROMATHERAPY MASSAGE 50 MIN \$165 | 100 MIN \$330

This flowing, light to moderate pressure relaxation massage includes potent herbal aromatherapy oils formulated to stimulate internal healing. Relaxation points of the back, face and feet are targeted.

## DEEP TISSUE SPORTS MASSAGE 50 MIN \$180 | 100 MIN \$360

Focusing on the deepest layers of muscle tissue, tendons and fascia, this intense indulgence helps restore body alignment and range of motion. This massage is designed specifically for those experiencing chronic pain along with muscle and sports related musculoskeletal issues.

### COUPLES MASSAGE 50 MIN \$375

Treat yourself and a companion to ultimate relaxation with a dual massage in the comfort of a private treatment room. Your experience continues as you both relax in our private couples relaxation room.

### REFLEXOLOGY 50 MIN \$155

An ancient Chinese practice based on the notion each body organ corresponds to a specific point on the foot. A restorative process in which feet are massaged to re-establish an optimal flow of energy.

# PRENATAL MASSAGE 50 MIN \$155

This massage focuses on the mother-to-be. Safe pregnancy techniques help to alleviate fatigue, soothe muscle and joint pain and improve circulation. *Must be past first trimester.* 

## TARGETED BODY ENHANCEMENTS

Ages 18 and older.

# CBD RELIEF 50 MIN \$20 | 100 MIN \$40

Add this CBD enhancement to your massage to target your specific needs for relief from pain in your shoulders, neck, forearms, and/or calves.

## HOT STONE 50 MIN \$20 | 100 MIN \$40

Add warmth to your massage by including a targeted enhancement with hot stones. This is a great way to experience a combination of hot stones with a traditional style massage.

## **BODY TREATMENTS**

Ages 18 and older.

#### TROPICAL BLOSSOM RITUAL 100 MIN \$350

This ritual begins with a body exfoliation using a warmed exfoliant of lemon, papaya, cherry blossom, and rice powder cream. From there, you will experience a concentrated foot massage which uses elements of reflexology, before concluding with a relaxing body massage.

#### SEAWEED BODY WRAP 50 MIN \$175

Discover a nutrient-rich treatment that is blended with potent herbal extracts and essential oils to help hydrate and restore skin tone and vitality.

### LEMON VERBENA BODY POLISH 50 MIN \$160

This deeply nourishing body polish leaves skin radiant and spirits lifted. Bright citrus notes of lemon verbena and gentle buffing grains are blended with hydrating aloe vera and shea butter to ease dry skin.

## **FACIALS**

Includes cleansing, exfoliation, mask, toning and moisturizer. Ages 18 & older.

### CUSTOM CLEANSING FACIAL 50 MIN \$155

Re-establish the natural beauty and health of your skin with pure ingredients and simple luxury. Customized to provide your complexion with the most benefits.

#### GENTLEMAN'S FACIAL 50 MIN \$155

This customized, deep cleansing and hydrating facial is scientifically formulated to address the gender-specific needs of men. Our detailed consultation on your home care program will assure continued results.

#### PURE RESULTS FACIAL 50 MIN \$175

Using only all natural ingredients, this custom, deep cleansing facial gives you both results and a relaxing sensorial experience. A gentle exfoliation is followed by a layering of vitamins, anti-inflammatory botanicals and antioxidants, leaving your skin protected and revitalized.

### VITAMIN C BRIGHTENING FACIAL 50 MIN \$180

Using one of our most popular products, vitamin c wrinkle repair serum, this facial targets the signs of sun damage and aging.

#### SKIN AWAKENING CBD FACIAL 50 MIN \$185

Enjoy the relaxing and beneficial experience of this clarifying and restorative CBD facial that includes a manuka honey peel mask to assist with hydration and sun damaged skin.

## MANICURES & PEDICURES

Includes buff or polish. Ages 18 & older.

## SOFT PALMS MANICURE 50 MIN \$55

This beautifying treatment includes the finest coconut exfoliation and moisturizing products. Cuticles and nails will be shaped and nourished. Choice of buffing or polish for a finished look.

#### WELL NAIL MANICURE 50 MIN \$65

Long-lasting, quick drying, non-toxic and non-yellowing, this naturally advanced, high-performance nail care system promotes healthy nails without sacrificing high performance.

### PARADISE FEET PEDICURE 50 MIN \$75

Soothe and revitalize tired feet and legs. We start with a ritual cleansing, then your feet are moisturized while your legs are revitalized with a massage and masque. The perfect pedicure for men and women!

#### WELL NAIL PEDICURE 50 MIN \$85

Long-lasting, quick drying, non-toxic and non-yellowing, this naturally advanced, high-performance nail care system promotes healthy nails without sacrificing high performance.