

Experience  
*Relaxation*  
In A Whole New  
*Light*





# BODY TREATMENTS

## RITUALS

### HAMMAM EXPERIENCE

Enter the private warming Hammam room and sink into a 200-year-old authentic Cherrywood Hammam table to begin your journey. While you immerse yourself in a relaxing cleanse, delight in a brisk herbal black soap and scrub blend specifically formulated to detoxify and renew the body and the spirit. The scrub is applied with an exfoliation mitt and will activate your lymphatic system and improve blood flow, maximizing the effects of this ritual. After your scrub, your therapist will instruct you on the traditional Hammam ritual self-guided journey through our steam, whirlpool, and cold deluge, concluding the circuit in our soothing aromatherapy Hammam room featuring beautifully iridescent heated seats contoured to address the body's pressure points. Lastly, your therapist will enrich your experience with a customized massage with your choice of CBD or Arnica oil. Massage time fluctuates pending self-guided circuit; this service is paired with gender specific therapist as the Hammam rooms are located in the locker rooms.

### SIGNATURE, MOROCCAN ORANGE BLOSSOM

A relaxing, detoxifying treatment embracing the orange blossom exotic scents of Northern Africa, combining a Moroccan Rhassoul clay masque (an unsurpassed mineral rich clay mined from deep volcanic deposits in Morocco with an extraordinary ability to absorb impurities), concluding with a soothing application of aromatic oils.

### RESTORATIVE SLEEP

Created to promote restful quality sleep, relieve stress and calm the mind, this inclusive treatment incorporates reflexology pressure points in the feet, hands and scalp combined with an aromatherapy massage and hot towel foot treatment that will soothe the body and mind.

### JOYA BODY POLISH

A luxurious exfoliating golden alchemy sugar scrub infused with organic cane sugar, argan oil, aloe vera, orange peel, apricot meal and our signature scent of essential oils and flower and gem essences, followed by our exclusive argon oil leaving your skin radiant and hydrated.

### WHITE TEA TREE + GINGER BODY EXPERIENCE

Treatment includes a white tea tree and ginger body polish to stimulate and purify the skin, followed by a body wrap to aid lymphatic drainage, tone, energize, and deeply hydrate. The body wrap is complemented with a warm stone foot massage using white tea and ginger foot balm.

### WHITE JASMINE + SHEA SUGAR SCRUB

This sensuous body treatment improves skin texture and appearance with a white jasmine silken sugar scrub that will gently resurface your skin. After exfoliation the body will receive an application of natural shea butter for a deep hydration resulting in satin-smooth skin.

## **FACIALS**

### **AMETHYST FACIAL**

Your journey to relaxation includes face, neck, shoulder, hand, and foot massage. Your Esthetician will begin with a cleansing and hydrating back facial. Then you will experience a lifting and strengthening, and anti-aging facial that will leave your skin with an energetic balance and a restored youthful luminosity.

### **ALPHA BETA FACIAL**

This signature Dr. Dennis Gross facial features the Alpha Beta® Professional Peel, which immediately delivers smoother, more flawless skin and restores its youthful glow with just one treatment. Fine lines enlarged pores and discoloration are no match for this coveted treatment. Eye and serum treatments can be based on client concerns and needs. This facial includes an anti-aging, imperfection fighting light therapy treatment.

### **THE SIGNATURE HYDRAFACIAL™**

Unveil your most radiant skin with lasting results you can see and feel. Experience deep cleansing, exfoliation, extractions, while simultaneously bathing your newly revealed skin with serums of antioxidants, peptides, and hyaluronic acid. Highly effective in addressing all of your individual needs including reducing fine lines, boosting hydration, refining texture, clearing congestion and restoring elasticity. Reveal healthy, beautiful vibrant skin. Ask about customized HydraFacial™ upgrades. Enhancements are available, please speak with your therapist for your best customized option. HydraFacial™ upgrades do not increase total treatment time.

### **OXYGEN FACIAL**

The ECHO2 Oxygen Infusing Treatment System uses 87 different vitamins, minerals, enzymes, amino acids, and most importantly, pure oxygen. It is a complete 50-minute treatment which leaves the skin soft, dewy, and rejuvenated. When used in conjunction with peels or microdermabrasion, this treatment can speed healing, kill bacteria, and restore confidence.

### **THE CUSTOMIZED FACIAL**

After a one-on-one consultation and skin analysis, your spa esthetician will design a facial to address your individual needs, from reducing fine lines, recuperating from a long flight, addressing acne-prone skin, to refreshing dehydrated skin. With a focus on anti-aging, the Customized Facial includes thorough cleansing, exfoliation, extractions, face massage, mask, moisturizing, and UV protection.

### **THE GENTLEMEN'S FACIAL**

An extension of the Customized Facial, this treatment addresses the specific skincare needs of men, with close attention paid to ingrown hairs and uneven skin tone caused by sun damage, stress, and travel. Includes thorough cleansing, exfoliation, extractions, face massage, mask, moisturizing, and UV protection.

## MASSAGE TREATMENTS

### JOYA SIGNATURE MASSAGE

Our signature Moroccan inspired Joyambrosia argan oil blend of essential oils, flower and gem essences and infused energy from the rare night blooming cactus flower “Queen of the Night” is designed exclusively for Joya Spa and warms your system internally and externally. Your massage therapist will use a light to medium pressure to sooth the mind and create a sense of relaxation.

### THE CUSTOMIZED MASSAGE

Whether you seek relief for overexerted muscles, or simply want to let your mind and body escape reality. Your massage therapist will customize your treatment using a variety of techniques to achieve ultimate relaxation, rejuvenation, and results.

### ARNICA + HOT TOWEL MASSAGE

This is the ultimate relaxing experience, combining a muscle release massage with extracts of arnica, sage, lavender, and spearmint to relieve stressed and aching muscles. Hot towels applied throughout the treatment will promote the anti-inflammatory and healing properties of the essential oils.

### PINK HIMALAYAN SALT STONE MASSAGE

This relaxing service with Himalayan Salt Stones contains essential nutrients and 84 minerals to encourage relaxation, stimulate immune support and calm the nervous system. This treatment uses a slow deliberate technique that's follows the energy meridian lines of the body.

### CBD BLISS MASSAGE

Your therapist will perform a full body massage using a light to medium pressure with the anti-inflammatory properties of CBD, coconut oil and a special blend of essential oils and herbs. Your experience will conclude with steam towel compressions on your feet.



## SPECIALTY MESSAGES

### PRENATAL MESSAGE

A completely relaxing, full body massage using our safe but effective prenatal techniques and Omega rich oils to help relax, increase circulation, alleviate tired muscles and reduce excess water retention, focusing on the specific muscles that are responsible for that beautiful baby bump. Must be 13 + weeks to receive body work.

### CUPPING MESSAGE

The use of special cups creates a vacuum effect on underlying muscle tissue. The intended suction can range from light to heavy and has many benefits: increasing lymphatic circulation and blood flow to the skin, facilitating deep tissue work, loosening adhesions, and relieving inflammation and pain causing factors.

### SPORTS MESSAGE

A therapeutic massage using focus and manual manipulation on trigger points to relieve muscle tension, while incorporating stretching to improve flexibility and range of motion.

### NEUROMUSCULAR MESSAGE

This therapy is a form of soft tissue massage that aims to alleviate chronic muscle and nervous system disorders and problems.

### CRANIAL SACRAL MESSAGE

Holistic practice using very light, intuitive pressure to gently release restrictions influencing the central nervous system giving a feeling of balance and alignment. Loose, comfortable clothing is recommended for this treatment.

### LYMPHATIC MESSAGE

A gentle massage activating vascular lymphatic networks to increase circulation, detoxification, boost immunity and reduce edema. 80 Minutes, includes brief dry brushing.





## HAIR SERVICES

Step into the realm of beauty and relaxation. Our salon offers a haven where guests can indulge in expert hair services tailored to their desires. Whether you seek a chic haircut, a vibrant color transformation, or a luxurious styling session, our team of skilled professionals is dedicated to exceeding your expectations.



# NAIL SERVICES

At Joya Salon, we take pride in providing natural nail services that combine old-fashioned soaking bowls with state-of-the-art zero gravity chairs that automatically adjust to your height and surround you in comfort.

## **JOYA SIGNATURE MANICURE OR PEDICURE**

Our signature nail services begin with a soothing exfoliation followed by a hydrating massage to lock in moisture. Your experience will be enriched with a classic paraffin treatment revealing softer hands or feet. Nails are polished to perfection with our luxury nail care services.

## **DAZZLE DRY MANICURE OR PEDICURE**

Dazzle Dry is a unique alternative to gel polishes. It is vegan, cruelty-free, hypoallergenic, non-toxic, quick drying, fortifying, long wear polish system that delivers a 7-14-day chip free nail service. Omni is proud to partner with this locally based company to offer a healthier option for those that prefer not to use gel polish but still seek the long-lasting results. Dazzle Dry can also be removed with standard nail polish remover!

## **CBD BLISS PEDICURE**

Sit back and relax as you enjoy a foot soak saturated in CBD-coconut oil plus watermelon and basil extracts. Legs and feet will be painted in a rich, velvet sunflower-butter to seal in luxurious serum that will bring even the driest of soles back to life. Lastly, your nails are perfectly groomed and polished following a relaxing massage using Hi-Bio fast-absorbing, full spectrum hemp oil with cannabinoids, lycopene-rich watermelon extract and botanical oils enriched with fatty acids & antioxidants. This dual-phase body oil leaves legs with smooth luminosity and will prepare you for your days ahead.

## **JOYA INDESTRUCTABLE PEDICURE**

Gel lacquer allows your toes to stay beautiful and chip free longer than with traditional polish. Includes shaping, cuticle detail and massage.





## **ANTI-FATIGUE STONE PEDICURE**

Relax with an aromatic foot soak, followed by a luxurious sugar scrub to smooth and soften the skin. Legs and feet are then massaged with moisturizing body butter to hydrate before the hot stone massage, designed to soothe muscles and increase circulation. Paraffin is included.

## **JOYA INDESTRUCTIBLE MANICURE**

Treat yourself to this elegant gel lacquer that lasts two weeks without chipping. The manicure includes shaping, cuticle detail and a massage.

## **LUCKY LEGS LIGHTEN UP**

Increase circulation, reduce water retention, and help weary and tight feeling feet with this anti-inflammatory treatment that includes a masque, scrub, leg massage, hot towel application, and paraffin. All products used are 100% natural, vegan, paraben, and sulfate free.

## **HYDRATING MANICURE OR PEDICURE**

The treatment begins with our exfoliating sugar scrub that combines oils and cane sugar, whipped together to provide vitamins, minerals, and proteins essential to maintaining beautiful skin. Your hands or feet are massaged with luxurious body butter for ultimate hydration, locking in moisture for hours, and leaving skin feeling silky soft all day! (Includes cuticle care, nail filing, buffing and callus remover).

## **GENTLEMAN'S MANICURE OR PEDICURE**

The Gentleman's manicure or pedicure is designed specifically for men. Your service begins with reshaping, buffing and cuticle maintenance. Your skin is hydrated and relieved of stress as refined oils soften, restore and condition.



# WELLNESS

## **PRIVATE MEDITATION**

Enter a state of peaceful awareness and inner-stillness with gentle guidance from our experienced wellness instructor.

## **PRIVATE YOGA**

Our signature foundational yoga class that incorporates longer holds in poses, stillness, and deep breathing; encourages physical, mental, and emotional relaxation—all levels welcome.

## **PRIVATE BARRE**

Barre blends elements from different exercise styles including ballet, Pilates, and yoga.

## **PRIVATE MAT PILATES**

Classic Pilates methodology is used to strength the core, back and sides. This a perfect session for cross training or therapy.

## **PERSONAL CUSTOMIZED TRAINING**

Take your fitness to the next level with a personalized strength or cardio-based training session with one of our certified personal trainers.

## **HYPNOTHERAPY**

The art of Hypnotherapy is as natural to the mind, as the deep state of slumber. With professional guidance and expertise, this unique experience allows possibilities to be both empowering and life changing. Traditional hypnotherapy promotes the subconscious mind the view positive, influencing thoughts. These supported thoughts can help improve sleep, reduce stress and anxiety and can also help to promote a sense of calm and well-being. Hypnotherapy must be scheduled at least 72 hours in advance.

## **CAMELBACK MOUNTAIN PRIVATE GUIDED HIKE (SEASONAL)**

Enjoy some of the Sonoran Desert's most picturesque scenery by taking advantage of a scenic expert-led Camelback Mountain Private Guided Hike. Appreciate the natural beauty of Camelback Mountain and sprawling valley bejeweled with natural landscaping of the Saguaro Cactus and much more. Our Omni Hiking Guide will immerse you in some of the most beautiful scenes in our backyard—don't forget your camera!

\*More than one person can attend a single session for an additional fee. Omni Hiking Guides know Camelback Mountain dangers and are CPR and first aid certified to provide an educational and safe guest experience. Hikers are advised to arrive hydrated and wear proper attire, footwear and sunscreen. Water is provided. Snacks are not included, and may be purchased separately at Crave Café. Flip fops and sandals are not permitted.

# GROUP WELLNESS

YOGA

BOOT CAMP

HIIT

GUIDED HIKES (SEASONAL)

OUTDOOR EVENTS

ADDITIONAL CHARGES APPLY FOR MORE GUESTS





## RITUALS

### HAMMAM EXPERIENCE

110 MINS MON-THURS \$550; FRI-SUN \$580

### SIGNATURE, MOROCCAN ORANGE BLOSSOM

110 MINS MON-THURS \$450; FRI-SUN \$480

80 MINS MON-THURS \$329; FRI-SUN \$359

### RESTORATIVE SLEEP

80 MINS MON-THURS \$329; FRI-SUN \$359

### JOYA BODY POLISH

50 MINS MON-THURS \$199; FRI-SUN \$229

80 MINS MON-THURS (50-min massage) \$319; FRI-SUN \$349

110 MINS MON-THURS (80-min massage) \$440; FRI-SUN \$470

### WHITE TEA TREE + GINGER BODY EXPERIENCE

80 MINS MON-THURS \$329; FRI-SUN \$359

110 MINS MON-THURS (50-min massage) \$450; FRI-SUN \$480

### WHITE JASMINE + SHEA SUGAR SCRUB

50 MINS MON-THURS \$199; FRI-SUN \$229

80 MINS MON-THURS (50-min massage) \$319; FRI-SUN \$349

## FACIALS

### AMETHYST FACIAL

110 MINS MON-THURS \$485; FRI-SUN \$515

### ALPHA BETA FACIAL

50 MINS MON-THURS \$205 FRI-SUN \$235

### THE SIGNATURE HYDRAFACIAL™

50 MINS MON-THURS \$285; FRI-SUN \$315

80 MINS MON-THURS \$450; FRI-SUN \$480

### OXYGEN FACIAL

50 MINS MON-THURS \$229; FRI-SUN \$259

### THE CUSTOMIZED FACIAL

50 MINS MON-THURS \$195; FRI-SUN \$225

80 MINS MON-THURS \$310; FRI-SUN \$340

### THE GENTLEMEN'S FACIAL

50 MINS MON-THURS \$195; FRI-SUN \$225

80 MINS MON-THURS XZS\$310; FRI-SUN \$340

## MASSAGE TREATMENTS

### JOYA SIGNATURE MASSAGE

50 MINS MON-THURS \$189; FRI-SUN \$219

80 MINS MON-THURS \$300; FRI-SUN \$330

### THE CUSTOMIZED MASSAGE

50 MINS MON-THURS \$205; FRI-SUN \$235

80 MINS MON-THURS \$330; FRI-SUN \$360

110 MINS MON-THURS \$450; FRI-SUN \$480

### ARNICA + HOT TOWEL MASSAGE

80 MINS MON-THURS \$335; FRI-SUN \$365

## **PINK HIMALAYAN SALT STONE MASSAGE**

75 MINS MON-THURS \$315; FRI-SUN \$345

## **CBD BLISS MASSAGE**

50 MINS MON-THURS \$230; FRI-SUN \$260

80 MINS MON-THURS \$365; FRI-SUN \$395

110 MINS MON-THURS \$505; FRI-SUN \$535

## **SPECIALTY MASSAGES**

50 MINS MON-THURS \$220; FRI-SUN \$250

80 MINS MON-THURS \$350; FRI-SUN \$380

## **NAIL SERVICES**

### **JOYA SIGNATURE MANICURE OR PEDICURE**

50 MINS \$89+

### **DAZZLE DRY MANICURE OR PEDICURE**

45-MIN MANICURE \$89 | 50-MIN PEDICURE \$110

### **CBD BLISS PEDICURE**

50 MINS \$110

### **JOYA INDESTRUCTABLE PEDICURE**

80 MINS \$135

### **ANTI-FATIGUE STONE PEDICURE**

70 MINS \$120+

### **JOYA INDESTRUCTIBLE MANICURE**

45 MINS \$89+

### **LUCKY LEGS LIGHTEN UP**

50 MINS \$105+

### **HYDRATING MANICURE OR PEDICURE**

45 MINS \$85+

### **GENTLEMAN'S MANICURE OR PEDICURE**

30-MIN MANICURE \$69 | 45-MIN PEDICURE \$85

## **HAIR SERVICES & FITNESS CLASSES**

PLEASE CONTACT JOYA FRONT DESK FOR PRICING

## **PLANNING YOUR JOYA JOURNEY**

### **SPA ARRIVAL & ETIQUETTE**

Please arrive a minimum of 30 minutes prior to the start time of your first treatment as your appointment is reserved exclusively for you and late arrivals will only receive the time remaining on their appointment.

### **CANCELLATION POLICY**

We kindly request eight hours notice to make any changes or cancellations to reservations. Anything changed or cancelled within eight hours of the treatment start time will be charged in full.

### **AGE REQUIREMENTS**

We welcome those 18 years or older and may require proof of ID.

### **EXPECTING MOTHERS**

Guests who are expecting must be at least 13+ weeks along before receiving spa services.

### **SERVICE CHARGE**

A 20% service charge will be applied to all spa services based on the full treatment price.

### **PRIVATE PARTIES**

To book your private party of eight or more, please email [joya.spa@omnihotels.com](mailto:joya.spa@omnihotels.com)

### **SPA DAYS**

Experience a soothing retreat at Joya Spa with one of our customized spa day packages. Packages include full day use of spa amenities, relaxations areas and rooftop terrace pool.

**FOR MORE INFORMATION  
OR TO BOOK AN APPOINTMENT,  
CALL 480-627-3020.**