

A woman is lying face down on a massage table, covered with a white sheet. A therapist, a woman with dark hair tied back, is performing a back massage on her. The therapist is wearing a dark long-sleeved shirt. They are outdoors, with a swimming pool and lounge chairs in the background. Large white umbrellas are open over the pool area. The background is slightly blurred, showing a resort building with arched windows.

OMNI  RESORTS
rancho las palmas | palm springs

SPA BROCHURE



EXPERIENCE YOU IN A WHOLE NEW LIGHT

The Spa at Rancho Las Palmas offers a unique opportunity to experience yourself from a relaxed perspective. An oasis of rejuvenation — discover a vast array of treatments and amenities, wellness facilities and programs, salon services and more.

MASSAGES

INTUITIVE MASSAGE

60 MINUTES | 75 MINUTES

You and your therapists will create and design the massage “JUST FOR YOU”. This all-inclusive massage consists of all our massage techniques (Swedish to Deep Tissue Therapy), plus the use of hot stones, CBD oils and balms.

LIFE FORCE MASSAGE

60 MINUTES | 75 MINUTES

This Signature Treatment integrates healing modalities to restore the harmonious flow of life within that combines a **firm nurturing massage** with the benefit of specific bodywork techniques. The goal of each treatment is to balance the flow of Chi and energize the meridians.

By removing tension associated with discomfort in specific parts of the body, and to assist with any energy that is not moving and causing the systems of the body to stagnate, lose flow, and rhythm. The focus is to nurture the life-giving systems of the body, release tension, energize the senses, increase vitality, and restore overall wellbeing.

CBD MASSAGE

60 MINUTES | 75 MINUTES

A relaxing experience for your body. CBD oil and Pain Relief Balms are used to help relieve stress and to soothe tired muscles. Our massage uses rhythmic strokes with **light relaxation pressure**.

SWEDISH

60 MINUTES | 75 MINUTES

This is the perfect massage to combat and relieve stress, promote relaxation, and enhance circulation. Our Swedish massage uses long, luxurious rhythmic strokes with **light to medium relaxation pressure**.

THERAPEUTIC DEEP TISSUE

60 MINUTES | 75 MINUTES

Using **firm pressure** and therapeutic massage techniques, this therapeutic massage targets deeper layers of muscle tissue. It releases tightened muscles, making them more pliable, while reducing stress and tension.

COUPLES MESSAGES

60 MINUTES | 75 MINUTES

Enjoy your choice of massages in our treatment rooms created specifically for two. Choose from Swedish, Deep Tissue or CBD massages as your combinations.

PRENATAL MASSAGE

60 MINUTES

Designed for the mom-to-be in her second or third trimester, this custom pregnancy massage addresses the body’s needs and changes that may cause stress and discomfort. Our prenatal massage is a restorative treat that helps alleviate muscle tension and fatigue during pregnancy.

MASSAGE ENHANCEMENTS

SCALP MASSAGE

15 MINUTES

FOOT MASSAGE

15 MINUTES

CBD PAIN RELIEVING OIL

(ADD ON)

AROMATHERAPY

(ADD ON)

SPA RITUALS

LAS PALMAS EXPERIENCE

4 HOURS

- 60min Sugar Body Scrub
- 60min Intuitive Massage
- 60min Treatment Facial
- 60min Classic Pedicure

LIFE-FORCE WELLNESS

2 HOURS

- 60min Life-Force Massage
- 60min Chi Energy Balance Facial





BODY TREATMENTS

SALT SCRUB

60 MINUTES

Enjoy a sensorial experience of a warm body exfoliation. A blend of pure honey and salt is used to exfoliate dull skin back to its natural radiance. Nourishing coconut oil is applied to delicately hydrate parched skin.

SUGAR SCRUB

60 MINUTES

Combat the visible effects of skin aging and restore the appearance of a younger, more toned body with this super-fruit scrub. Using raw cane sugar scrub, the skin texture is smoothed and infused with antioxidant vitamin C. The scrub finishes with a botanical blend of guava oil to tighten and tone the skin.

DESERT CACTUS WRAP

75 MINUTES

A stimulating experience designed to detoxify the body and firm the appearance of your skin. The body is gently stimulated and exfoliated using a dry body brush then cocooned in a cactus toning serum that flushes out toxins and excess water. Afterwards, the skin is gently hydrated with an antioxidant-rich agave nectar oil.

DETOXIFYING DESERT MUD WRAP

75 MINUTES

This wrap is designed to release toxins from the body and firm the appearance of your skin. The body is gently stimulated and exfoliated using a dry body brush then wrapped in an active mud treatment designed to flush out toxins, excess water and clear the skin. Boosts and stimulating the Immune System. Finally, the skin is gently nourished with a body oil.

FACIALS

All facials begin with a thorough skincare analysis to determine the best-suited treatment and home care recommendations.
Please plan to arrive with no make-up

THE LAS PALMAS HYDRAFACIAL

60 MINUTES | 75 MINUTES

Transform your skin health through the merging of innovative spa therapies and advanced medical technology. Resurface with Vortex-Fusion® to uncover layers of new skin and allow gentle suction to extract impurities and infuse intense moisturizers to nourish. Your skin surface is saturated with antioxidants and peptides to brighten, firm and maximize your glowing complexion. Safe for all faces and requires no social downtime.

INTUITIVE FACIAL

75 MINUTES

Not sure what facial to choose. Want a little bit of each facial to be created “Just for You”. Then the Intuitive Facial is your facial. You and your therapists will create and design the facial suited for your needs.

TREATMENT FACIAL.

60 MINUTES | 75 MINUTES*

Allow our experienced skincare specialists to create a customized facial to specifically address individual concerns ranging from sun-damaged skin to anti age. A diverse collection of powerful peptides and vitamins are combined to both modify and address varying issues. This facial does not include extractions.

CHI ENERGY BALANCE FACIAL

60 MINUTES | 75 MINUTES*

“Energy is activated by breathing, touch and smell.” The Chi Energy Balancing Facial integrates sensory modalities with warmed stones and chilled facial gem rollers to build and restore energy.

This facial begins with mindful aroma inhalation in combination with a lulling compression neck and shoulder massage, to start your restoration & wellbeing. This treatment incorporates the use of Eminence organic finishing products, with infused natural gemstones that nourish and supply a balanced radiance to your skin.

DEEP CLEAN FACIAL

60 MINUTES | 75 MINUTES*

This facial treatment cleanses your skin deeply to remove the dirt and debris that accumulate in your pores. The treatment begins with a deep cleansing followed by an exfoliation and extractions. Your skin will feel softer and look smoother after doing a deep pore cleansing treatment.

* 75minute has a choice of a Scalp Massage or an Eye + Lip Replenish Treatment

FACIAL ENHANCEMENTS

SCALP MASSAGE

15 MINUTES

CHILL-OUT EYE TREATMENT

(ADD ON)

LIP REPAIR MASK

(ADD ON)

HYDRAFACIAL BOOSTERS

(ADD ON)





NAIL SALON

ANTARA CBD RESTORE PEDICURE

Soul to sole care is at the heart of Antara's luxurious CBD Pedicure. Starting with an Effervescent truffle foot soak, Nail care, foot exfoliation and foot massage with our CBD massage oil and age defying paracress infused CBD Restore Balm & CBD Pain Relief Balm to ease muscle tension while caring for your skin.

CLASSIC SPA MANICURE

This treatment includes a cleanse, nail trimming, filing and polish application of your choice.

CLASSIC SPA PEDICURE

Allow your hardest working area to retreat, Pedicure includes foot soak, sugar scrub, foot buffing, nail trimming, filing and polish application of your choice.

SHELLAC GEL POLISH MANICURE

Spa Classic Manicure with CND Shellac Polishes.

SHELLAC GEL POLISH PEDICURE

Spa Classic Pedicure with CND Shellac Polishes.

NAIL ENHANCEMENTS

GEL REMOVAL

COLLAGEN HAND OR FOOT TREATMENT

PARAFFIN WAX

HAIR STUDIO

HAIR STUDIO

WASH AND STYLE

HAIRCUT AND STYLE

HAIR UPDO

GENTLEMAN'S HAIRCUT

HAIR CONDITIONING TREATMENT

OIL SCALP TREATMENT AND MASSAGE

ONE PROCESS HAIR COLOR HIGHLIGHTS | PARTIAL OR FULL



CALL TODAY TO MAKE YOUR SPA APPOINTMENT.

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