

OMNI RANCHO LAS PALMAS
SPA BROCHURE





EXPERIENCE YOU IN A WHOLE NEW LIGHT.

The Spa at Rancho Las Palmas offers a unique opportunity to experience yourself from a relaxed perspective. An oasis of rejuvenation — discover a vast array of treatments and amenities, wellness facilities and programs, salon services and more.

MASSAGES

LIFE FORCE MASSAGE

60 MINUTES / 75 MINUTES

This Signature Treatment integrates healing modalities to restore the harmonious flow of life within that combines a *firm nurturing massage* with the benefit of specific bodywork techniques. The goal of each treatment is to balance the flow of Chi and energize the meridians.

By removing tension associated with discomfort in specific parts of the body, and to assist with any energy that is not moving and causing the systems of the body to stagnate, lose flow, and rhythm. The focus is to nurture the life-giving systems of the body, release tension, energize the senses, increase vitality, and restore overall wellbeing.

INTUITIVE MASSAGE (Just for you)

60 MINUTES / 75 MINUTES

The Intuitive massage is made “Just for You”. You and your therapist will design the best massage that you require. Your therapist may use any massage modalities during this treatment and can incorporate Hot Stones, CBD, Yogi Pain Balls to enhance your experience.

CBD MASSAGE

60 MINUTES / 75 MINUTES

A relaxing experience for your body. CBD oil and Pain Relief Balms are used to help relieve stress and to soothe tired muscles. Our massage uses rhythmic strokes with *light relaxation pressure*.

MASSAGES

SWEDISH

60 MINUTES | 75 MINUTES

This is the perfect massage to combat and relieve stress, promote relaxation, and enhance circulation. Our Swedish massage uses long, luxurious rhythmic strokes with *light to medium relaxation pressure*.

DEEP TISSUE

60 MINUTES | 75 MINUTES

Using *firm pressure* and therapeutic massage techniques, this therapeutic massage targets deeper layers of muscle tissue. It releases tightened muscles, making them more pliable, while reducing stress and tension.

PRENATAL MASSAGE

60 MINUTES

Designed for the mom-to-be in her second or third trimester, this custom pregnancy massage addresses the body's needs and changes that may cause stress and discomfort. Our prenatal massage is a restorative treat that helps alleviate muscle tension and fatigue during pregnancy.

COUPLES MASSAGES

60 MINUTES | 75 MINUTES

Enjoy your choice of massages in our treatment rooms created specifically for two. Choose from Swedish, Deep Tissue or CBD massages as your combination.

A 20% service charge will be added to your treatment based on the full price of the service provided. Pricing is based on seasonality, day of week and demand.



MASSAGES

ENHANCEMENTS

SCALP MASSAGE (15 MINUTES)

FOOT MASSAGE (15 MINUTES)

CBD PAIN RELIEVING OIL (ADD ON)

YOGI BALM AROMATHERAPY (ADD ON)

SPA RITUALS

LAS PALMAS EXPERIENCE

4 HOURS

60MIN

Sugar Body Scrub

60MIN

Intuitive Massage

60MIN

Treatment Facial

60MIN

Classic Pedicure

LIFE-FORCE WELLNESS

2 HOURS

60MIN

Life-Force Massage

60MIN

Chi Energy Balance Facial

ELEMENTAL SZENT RITUAL

105 MINUTES

A Full Body combination body exfoliation

Full Body Cocoon Nourish Wrap

Nourishing Scalp Therapy

Neck, Shoulder & Back massage



BODY TREATMENTS

SALT SCRUB

60 MINUTES

Enjoy a sensorial experience of warm body exfoliation. A blend of pure honey and salt is used to exfoliate dull skin back to its natural radiance. Nourishing coconut oil is applied to delicately hydrate parched skin

SUGAR SCRUB

60 MINUTES

Combat the visible effects of skin aging and restore the appearance of a younger, more toned body with this super-fruit scrub. Using raw cane sugar scrub, the skin texture is smoothed and infused with antioxidant vitamin C. The scrub finishes with a botanical blend of guava oil to tighten and tone the skin.

DESERT CACTUS WRAP

75 MINUTES

A stimulating experience designed to detoxify the body and firm the appearance of your skin. The body is gently stimulated and exfoliated using a dry body brush then cocooned in a cactus toning serum that flushes out toxins and excess water. Afterwards, the skin is gently hydrated with an antioxidant-rich agave nectar oil.

DETOXIFYING DESERT MUD WRAP

75 MINUTES

This wrap is designed to release toxins from the body and firm the appearance of your skin. The body is gently stimulated and exfoliated using a dry body brush, then wrapped in an active mud treatment designed to flush out toxins, excess water and clear the skin. Boosts and stimulates the Immune System. Finally, the skin is gently nourished with a body oil.

ELEMENTAL SZENT RITUAL

105 MINUTES

The Human Body is in harmony and balance with the natural elements. Air, Fire, Earth & Water. These Elements all influence the body, mind & spirit. To better heal and balance the body, our senses are drawn to specific smells that we require for them to benefit us.

Your Journey will start off selecting your Elemental Szent. "Air, Fire, Earth or Water". Using your selected scent your therapist will then use this scent throughout your Elemental Szent Ritual.

Your Elemental Szent Ritual consists of: A Full Body combination body exfoliation. Full Body Cocoon Nourish Wrap with Nourishing Scalp Therapy & a Neck, Shoulder & Back massage, incorporating the scent you have chosen.



FACIALS

All facials begin with a thorough skincare analysis to determine the best-suited treatment and home care recommendations.

***Please plan to arrive with no make-up*

THE LAS PALMAS HYDRAFACIAL

60 MINUTES / 75 MINUTES

Transform your skin health through the merging of innovative spa therapies and advanced medical technology. Resurface with Vortex-Fusion to uncover layers of new skin and allow gentle suction to extract impurities and infuse intense moisturizers to nourish. Your skin surface is saturated with antioxidants and peptides to brighten, firm and maximize your glowing complexion. Safe for all faces and requires no social downtime.

75 MINUTES INCLUDE THE EYE & LIP PERK BY HYDRAFACIAL.

JLo GLOW HYDRAFACIAL

60 MINUTES

Inspired by JLo Beauty's best-selling THAT JLO GLOW™ SERUM, our latest super serum delivers on three main goals: tighten, brighten, and hydrate. Advanced ingredients enhance and nourish, giving the skin a show-stopping glow. This new super serum elevates the entire HydraFacial experience and leaves skin healthy and glowing like never before.

FACIALS

LYMPHATIC HYDRAFACIAL

60 MINUTES

The Lymphatic HydraFacial™ helps reduce toxins, and puffiness, improves dull skin, and restores radiance.

COLLAGEN HYDRAFACIAL

60 MINUTES

The Collagen Boost HydraFacial™ reduces fine lines and wrinkles, improving the skins elasticity and firmness.

INTUITIVE FACIAL (Just for You)

75 MINUTES

Not sure what type of facial you require? Allow your specialized Therapist to create the facial “Just for You”. Your therapists will use all the tools they have available to create and customize your own facial. This may include additional masks, extractions, and massage.

BEYOND ORGANIC FACIAL

60 MINUTES

Treat yourself to Nature’s Beauty. Think amplified organic: pure and potent ingredients that are even higher in vitamins, nutrients, and active compounds. Beyond Organic was specifically created to address the most sensitive of skins. Both external and internal stressors can affect the health of the skin, resulting in moderate to deep levels of dehydration, inflammation, and imbalance. Hyper-allergenic, this advanced collection is both a healing treatment and a series of results: nurturing, calming, repairing, and restoring. Its gentle scent caresses the spirit. Feel the creamy textures boost the health of your skin into a new level of tranquility. This is beyond organic. Purity in its ultimate form.

TREATMENT FACIAL

60 MINUTES / 75 MINUTES

Allow our experienced skincare specialists to create a customized facial to specifically address individual concerns ranging from sun-damaged skin to anti age. A diverse collection of powerful peptides and vitamins are combined to both modify and address varying issues. This facial does not include extractions.

****75 MINUTE HAS A CHOICE OF A SCALP MASSAGE OR AN EYE + LIP REPLENISH TREATMENT**

FACIALS

CHI ENERGY BALANCE FACIAL

60 MINUTES / 75 MINUTES

“Energy is activated by breathing, touch and smell.”
The Chi Energy Balancing Facial integrates sensory modalities with warmed stones and chilled facial gem rollers to build and restore energy.

This facial begins with mindful aroma inhalation in combination with a lulling compression neck and shoulder massage, to start your restoration & wellbeing.

This treatment incorporates the use of Eminence organic finishing products, with infused natural gemstones that nourish and supply a balanced radiance to your skin.

****75 MINUTE HAS A CHOICE OF A SCALP MASSAGE OR AN EYE + LIP REPLENISH TREATMENT**

DEEP CLEAN FACIAL

60 MINUTES / 75 MINUTES

This facial treatment cleanses your skin deeply to remove the dirt and debris that accumulate in your pores. The treatment begins with a deep cleansing followed by exfoliation and extractions. Your skin will feel softer and look smoother after doing a deep pore cleansing treatment.

****75 MINUTE HAS A CHOICE OF A SCALP MASSAGE OR AN EYE + LIP REPLENISH TREATMENT**

ENHANCEMENTS

FACIAL ENHANCEMENTS

**CHILL-OUT EYE TREATMENT (ADD ON)
LIP REPAIR MASK (ADD ON)**

NAIL SALON & HAIR STUDIO

CBD RESTORE PEDICURE

Soul to sole care is at the heart of Antara's luxurious CBD Pedicure. Starting with an Effervescent truffle foot soak, nail care, foot exfoliation and foot massage with our CBD massage oil and age defying paracress infused CBD Pain Relief Balm to ease muscle tension while caring for your skin.

CLASSIC SPA MANICURE

This treatment includes a cleanse, nail trimming, filing and polish application of your choice.

CLASSIC SPA PEDICURE

Allow your hardest working area to retreat. Pedicure includes foot soak, sugar scrub, foot buffing, nail trimming, filing and polish application of your choice.

SHELLAC GEL POLISH MANICURE.

Spa Classic Manicure with CND Shellac Polishes.

SHELLAC GEL POLISH PEDICURE

Spa Classic Pedicure with CND Shellac Polishes.

NAIL ENHANCEMENTS

Gel Removal

Paraffin Wax

HAIR STUDIO

**Wash and Style

**Haircut and Style

**Hair Updo Styling

**Gentleman's haircut

**Hair Conditioning treatment with Massage

**Scalp Treatment with massage

**One process hair color

**Highlights | Partial or Full

DETAILS

SPA & SALON HOURS

Daily | 8:30 a.m.-6 p.m.

(Hours may vary seasonally)

RESERVATIONS

Advance reservations are recommended and may be arranged by calling 760-836-3106. Should you choose to change your treatment type or cancel your reservation, please provide a 24-hour notice to avoid a 100% cancellation fee. The spa and amenities are reserved for guests ages 18 and over. Please notify us of any medical concerns at time of scheduling. All prices and services are subject to change.

THE SPA & SALON RETAIL BOUTIQUE

Take your spa experience home with skincare lines including DermaQuest, Eminence, Pure Fiji, Moroccan Oil and other locally sourced lines. The boutique also features jewelry and fashion attire from Beyond Yoga, Alo and more.

GIFT CARDS

Spa gift cards make an ideal year-round gift for any celebration or occasion.

SPA AMENITIES

The spa facilities include a dry sauna, steam room, whirlpools, aromatherapy showers, relaxation lounges, and a serene spa pool. Day passes are available to be purchased to access the facilities and is based on availability.





CALL TODAY TO MAKE YOUR SPA APPOINTMENT.
OMNI RANCHO LAS PALMAS RESORT & SPA • 760.836.3106
[OMNIHOTELS.COM/RANCHOLASPALMAS](https://www.omnihotels.com/rancholaspalmas)

OMNI

RANCHO
LAS PALMAS