



HIGH PERFORMANCE JUNIOR TENNIS ACADEMY

Offered Mondays, Wednesdays and Thursdays from 4pm - 6pm

Ages 10+, Invitation Only

This program is designed for dedicated tournament players. Our High Performance program conditions all areas from fitness, conditioning and mental toughness to point play, live ball drilling, play patterns, match play and technique adjustments. Participants learn to incorporate power and different spins into their shot making. Shot patterns, proper footwork, offensive and defensive strategy will improve through drilling as well as supervised match play. Participants must understand rules and etiquette for matchplay, as this is a large aspect of our program. Private lessons are recommended at this level as each individual begins to develop his or her own playing style.

2024 Fall Sessions:

1: September 2nd - October 19th

2: *October 21st - December 14th

(7 week sessions) *No classes November 25-30 due to Thanksgiving holiday

Mondays, Wednesdays or Thursdays

Members: \$280 Non Members: \$350

2 Days Per Week

Members: \$490 Non Members: \$575

3 Days Per Week

Members: \$630 Non Members: \$730

Register on the App:

For more information contact:

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CLIFF DRYSDALE TENNIS

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